

**Asthma Region 6 Putting on AIRS Program**  
**Asthma Education Specialist**  
**Milford Health Department**

Contractor agrees to provide in home asthma assessments and medication management strategies for the Milford Health Department's Putting on AIRS asthma intervention program. The Asthma Education Specialist will conduct visits in Asthma Region 6, consisting of the following cities and towns: Bethany, Branford, East Haven, Hamden, Gilford, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Orange, Wallingford, West Haven and Woodbridge.

**MAJOR DUTIES AND RESPONSIBILITIES**

Provide and conduct home visits and asthma self management education as described in the Putting on AIRS program. Education will be provided in the home to individuals and families residing within Asthma Region 6, which covers a large part of New Haven County; however most home visits will be in New Haven. Teach key health education messages regarding asthma care, medication adherence and environmental asthma triggers. Home visits and asthma education activities will include but not limited to;

- Review referral information, conduct intake of participants and schedule home visits;
- Work with program participants to complete and return AIRS forms such as release of information and consent for service, at the end of the first home visit;
- Conduct pre- and post- visit asthma control and asthma management tests
- Collect the following data for the program:
  - Information on referrals to the AIRS Program,
  - Demographic information on program participants, and
  - Number of and dates of home visits.
- Provide program participants with asthma education in accordance with the protocol, which shall be provided by the Department. Such asthma education shall include, but not be limited to, the following topics:
  - Asthma pathophysiology;
  - Signs and symptoms of asthma;
  - Asthma medication education and usage as prescribed by healthcare provider;
  - Asthma medication device technique; and
  - Asthma Action Plan uses;
- Provide program participants with an asthma education information packet that includes, but not limited to, the following:
  - Seven Principles of Healthy Homes fact sheet;
  - Individual Healthy Homes fact sheets or What is a Healthy Home Fact Sheet;
  - Helping your Child Manage Asthma book;
  - Avoiding your Asthma Triggers handout, "What Everyone Should Know About Asthma" booklet; and
  - Access Health CT enrollment information; and

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- Provide education to uninsured and underinsured participants about Access Health CT services and enrollment processes;
- Provide culturally and linguistically appropriate materials in the language commonly used by the populations in the service area.
- Evaluate asthma self-management skills of participants by administering and reviewing a standard questionnaire during in-home interviews and teach back sessions.
- Provide resources for reducing exposure to environmental asthma triggers in the home.
- Responsible for completion of all program forms and associated data entry of documentation from home visits and other program-related activities as needed.
- Perform related work as assigned. Participate as a member of the project team and carry out tasks as assigned to accomplish the goals of the project.

**EDUCATIONAL REQUIREMENTS**

Registered Nurse or Licensed Respiratory Therapist.

Bachelor of Science in Nursing, Public Health, or related field.

**QUALIFICATIONS**

Registered Nurse or Respiratory Therapist with current asthma educator certification and experience in education and asthma care. Experience and training in asthma management and the National Heart, Lung and Blood Institute (NHLBI) Guidelines for Asthma Management. Displays effective communication and interpersonal skills working with providers, staff and patients. Utilizes problem solving approach to difficult/complex patient and staff situations. Organizational skills are necessary to prioritize and coordinate activities with other members of the health care team.

Must have a valid Connecticut Driver's License and own reliable transportation. Must be willing to work evenings and weekends

Experience working with physicians, staff and public. General computer knowledge and capability to use computers required. Critical thinking skills and ability to analyze complex data sets required.

Must be willing to work in various environments, specifically in various residential homes and buildings.

This is a grant-funded contractor position contingent on availability of funds. Open availability \$28/hr. This hourly rate includes travel time, asthma education with Putting on AIRS client and paperwork.

Submit resume to Jennifer Clarke-Lofters, Community Health Coordinator, City of Milford Health Department, 82 New Haven Avenue, Milford, CT. Email: [jclarke-lofters@ci.milford.ct.us](mailto:jclarke-lofters@ci.milford.ct.us)